

PRESS & MEDIA KIT

Dionysus Reloaded

A Journey Through the War on Consciousness

A psychotherapist who knew the pioneers of consciousness research — and who lost his brother to the war on drugs — makes the case for cognitive liberty as a fundamental human right.

DR. CHRISTIAN DOMBROWE

Book at a Glance

Release	8 August 2026 — available now for pre-order
Formats	eBook (Kindle) · Paperback · Hardcover — 190 pp · 6×9
ISBN	979-8-19929-030-2 (Paperback) · 979-8-18103-271-2 (Hardcover)
Availability	Amazon worldwide · English (German edition forthcoming)
Genre	Narrative nonfiction — memoir, cultural history, and argument
For readers of	Michael Pollan & Johann Hari

About the Book

Dionysus Reloaded is a journey across two millennia and four continents — part memoir, part cultural history, part argument for cognitive liberty as a fundamental human right. It begins with a death: the author's younger brother, lost to a heroin overdose — a death made lethal, he argues, not by a substance but by the conditions a century of prohibition built around it. From there the book opens outward, into the hidden history of humanity's relationship with sacred plants: the Eleusinian Mysteries, the Inquisition's war on ecstasy, and the racially charged, imperial machinery that produced the modern drug war. Drawing on the author's decades as a clinician and his encounters with the founders of psychedelic science, it asks the question Michael Pollan and Johann Hari leave unspoken: whether the freedom of the mind is a right no state may take away.

Talking Points — Conversation Starters

- The death that started it all. Losing a brother to heroin, and why prohibition, not the drug, was the killer.
- The real origin of the drug war. Temperance moralism, colonial opium politics, and the commercial rivalry of empires.

- Cognitive liberty as a human right. How the drug regime violates a whole catalogue of the Universal Declaration.
- Beyond medicalization. Why the psychedelic renaissance risks a new monopoly — and why your own mind is not a prescription.
- The danger we mismeasured. Route of administration, social stress, and why alcohol outranks most illegal drugs.
- Many paths. Healing, celebration, and knowledge — and the return to an ancient liberty.
- The current moment. 30+ U.S. states, a federal push, and what Europe is missing.

Quotable

“For almost the whole of human history, there was no such thing as a drug law.”

“The drug is the scapegoat; the wound is social.”

“The right to your own consciousness is not a prescription.”

“Before there was a war on drugs, there was a war on the saloon.”

About the Author



Photo © Maleika Dombrowe

Dr. Christian Dombrowe, born in 1971, is a licensed psychotherapist and coach. He earned his PhD at the California Institute of Integral Studies in San Francisco, where he studied under Stanislav Grof and Ralph Metzner, with Janis Phelps as his dissertation chair. He brings fifteen years of private practice along with experience as a staff psychologist in forensic psychiatry. His path was shaped by encounters with Albert Hofmann, Alexander Shulgin, and Hanscarl Leuner, as well as by the early loss of his brother. In *Dionysus Reloaded*, he weaves together memoir, cultural history, and a passionate argument for cognitive liberty as a fundamental human right. Dombrowe lives and works between Berlin and Thessaloniki.

Contact & Rights

Dr. Christian Dombrowe

Email christian@christiandombrowe.com

Web christiandombrowe.com

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